

1 A MEMORIAL

2 REQUESTING THE LEGISLATIVE HEALTH AND HUMAN SERVICES  
3 COMMITTEE TO EXAMINE THE CURRENT RULES FOR APPLYING FOR AND  
4 RENEWING DRIVER'S LICENSES FOR PEOPLE WITH DIABETES, ASSESS  
5 WHETHER THE RULES CAN BE REVISED TO BE LESS BURDENSOME WHILE  
6 MAINTAINING DRIVER SAFETY IN LIGHT OF CURRENT MEDICAL SCIENCE  
7 AND PRACTICE FOR PEOPLE WITH DIABETES AND DEVELOP LEGISLATION  
8 BASED ON THE COMMITTEE'S FINDINGS.

9  
10 WHEREAS, current rules for certain driver's licenses in  
11 New Mexico require drivers with diabetes to annually present  
12 a physician's report stating that they have not had an  
13 episode of ketosis or other metabolic disorder in order to  
14 renew their licenses; and

15 WHEREAS, ketosis is not uncommon and is, in fact, a goal  
16 of the popular "keto diet"; and

17 WHEREAS, although a much more serious condition called  
18 ketoacidosis is most prevalent within the population of  
19 people with type one diabetes, it is still fairly rare, with  
20 an estimated incidence of approximately two episodes of  
21 ketoacidosis per one hundred patient-years of diabetes; and

22 WHEREAS, most people who have been diagnosed with type  
23 one diabetes are vigilant about monitoring their physical  
24 condition and blood sugar levels and administering their  
25 medication; and

1           WHEREAS, scheduling a doctor's appointment can be time-  
2 consuming and arduous, particularly in rural areas; and

3           WHEREAS, paying for a doctor's visit simply to get a  
4 note from a doctor when a patient has been diligently  
5 monitoring their physical condition and blood sugar levels  
6 and administering medication may seem overly burdensome; and

7           WHEREAS, the use of the term ketosis rather than  
8 ketoacidosis in the New Mexico Administrative Code indicates  
9 that the issue of driver safety for drivers with diabetes has  
10 not been examined in many years;

11           NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF  
12 REPRESENTATIVES OF THE STATE OF NEW MEXICO that the  
13 legislative health and human services committee be requested  
14 during the 2025 interim to:

15           A. examine:

16                   (1) the rules for people with diabetes to  
17 apply for or renew driver's licenses in light of current  
18 medical science and practice with regard to people with  
19 diabetes; and

20                   (2) whether there are potentially less  
21 burdensome methods that can be used to maintain driver safety  
22 for this population of people; and

23           B. develop legislation to update New Mexico's  
24 statutes governing driver's licenses based on the committee's  
25 findings; and

1 BE IT FURTHER RESOLVED that copies of this memorial be  
2 transmitted to the chair and vice chair of the legislative  
3 health and human services committee upon their appointment by  
4 the New Mexico legislative council for the 2025 interim; to  
5 the director of the motor vehicle division of the taxation and  
6 revenue department; and to the chair of the New Mexico  
7 diabetes association.

HM 29  
Page 3

8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25